

Pediatric Advanced Life Support

Child CPR and AED

Skills Testing Checklist (1 of 2)



American
Heart
Association

American Academy
of Pediatrics



DEDICATED TO THE HEALTH OF ALL CHILDREN®

Student Name _____

Date of Test _____

Directions: In groups of 3 or 4 students, assign a CPR Coach for each group. The CPR Coach will perform the role of the AED/Monitor/Defibrillator and will not switch from that position. Have groups perform 5-minute rounds of CPR with at least 1 Compressor switch. Total number of 5-minute intervals is equal to the number of students in the group.

Ensure that every student has a chance to practice the CPR Coach role.

Hospital Scenario: "You are working in a hospital or clinic, and you see a child who has suddenly collapsed in the hallway. You check that the scene is safe and then approach the patient. Demonstrate what you would do next."

Out-of-Hospital Scenario: "You arrive on the scene for a child who is not breathing. No bystander CPR has been provided. You approach the scene and ensure that it is safe. Demonstrate what you would do next."

Assessment and Activation

- | | |
|--|--|
| <input type="checkbox"/> Checks responsiveness | <input type="checkbox"/> Shouts for help/Activates emergency response system/Sends for AED |
| <input type="checkbox"/> Checks breathing | <input type="checkbox"/> Checks pulse |

Once student shouts for help, instructor says, "Here's the barrier device. I am going to get the AED."

Student must complete 2 cycles of CPR (30:2, approximately 1 minute) as a single rescuer before the second rescuer and CPR Coach arrive to help.

Cycle 1 of CPR (30:2) CPR feedback devices are required for accuracy*

Child Compressions

- ☐ *Performs high-quality compressions:
 - Hand placement on lower half of sternum
 - 30 compressions in no less than 15 and no more than 18 seconds
 - Compresses at least one third the AP diameter of the chest, approximately 2 inches (5 cm)
 - Complete recoil after each compression

Child Breaths

- ☐ Gives 2 breaths with a barrier device:
 - Each breath given over 1 second
 - Visible chest rise with each breath
 - Resumes compressions in less than 10 seconds

Cycle 2 of CPR (repeats steps in Cycle 1) Only check box if step is successfully performed

- | | | |
|---------------------------------------|----------------------------------|---|
| <input type="checkbox"/> Compressions | <input type="checkbox"/> Breaths | <input type="checkbox"/> Resumes compressions in less than 10 seconds |
|---------------------------------------|----------------------------------|---|

Rescuer 2 says, "Here is the AED. I'll take over compressions, and you use the AED."

AED (follows prompts of AED)

- | | | |
|---|--|--|
| <input type="checkbox"/> Powers on AED | <input type="checkbox"/> Correctly attaches pads | <input type="checkbox"/> Clears for analysis |
| <input type="checkbox"/> Clears to safely deliver a shock | <input type="checkbox"/> Safely delivers a shock | |

Resumes Compressions

- ☐ Ensures that compressions are resumed immediately after shock delivery
 - Student directs instructor to resume compressions or
 - Second student resumes compressions

(continued)

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Date of Test _____

(continued)

STOP TEST

Instructor Notes

- Place a check in the box next to each step the student completes successfully.
- If the student does not complete all steps successfully (as indicated by at least 1 blank check box), the student must receive remediation. Make a note here of which skills require remediation (refer to instructor manual for information about remediation).

Test Results Check **PASS** or **NR** to indicate pass or needs remediation:

☐ **PASS**

☐ **NR**

Instructor Initials _____ Instructor Number _____ Date _____