

Pediatric Advanced Life Support
Child CPR and AED
Skills Testing Checklist (1 of 2)



American Heart
Association

American Academy
of Pediatrics



DEDICATED TO THE HEALTH OF ALL CHILDREN®

Student Name _____ Date of Test _____

Directions: In groups of 3 or 4 students, assign a CPR Coach for each group. The CPR Coach will perform the role of the AED/Monitor/Defibrillator and will not switch from that position. Have groups perform 5-minute rounds of CPR with at least 1 Compressor switch. Total number of 5-minute intervals is equal to the number of students in the group.

Ensure that every student has a chance to practice the CPR Coach role.

Hospital Scenario: "You are working in a hospital or clinic, and you see a child who has suddenly collapsed in the hallway. You check that the scene is safe and then approach the patient. Demonstrate what you would do next."

Out-of-Hospital Scenario: "You arrive on the scene for a child who is not breathing. No bystander CPR has been provided. You approach the scene and ensure that it is safe. Demonstrate what you would do next."

Assessment and Activation

<input type="checkbox"/> Checks responsiveness	<input type="checkbox"/> Shouts for help/Activates emergency response system/Sends for AED
<input type="checkbox"/> Checks breathing	<input type="checkbox"/> Checks pulse

Once student shouts for help, instructor says, "Here's the barrier device. I am going to get the AED."

Student must complete 2 cycles of CPR (30:2, approximately 1 minute) as a single rescuer before the second rescuer and CPR Coach arrive to help.

Cycle 1 of CPR (30:2) CPR feedback devices are required for accuracy*

Child Compressions

*Performs high-quality compressions:

- Hand placement on lower half of sternum
- 30 compressions in no less than 15 and no more than 18 seconds
- Compresses at least one third the AP diameter of the chest, approximately 2 inches (5 cm)
- Complete recoil after each compression

Child Breaths

Gives 2 breaths with a barrier device:

- Each breath given over 1 second
- Visible chest rise with each breath
- Resumes compressions in less than 10 seconds

Cycle 2 of CPR (repeats steps in Cycle 1) Only check box if step is successfully performed

Compressions Breaths Resumes compressions in less than 10 seconds

Rescuer 2 says, "Here is the AED. I'll take over compressions, and you use the AED."

AED (follows prompts of AED)

Powers on AED Correctly attaches pads Clears for analysis
 Clears to safely deliver a shock Safely delivers a shock

Resumes Compressions

Ensures that compressions are resumed immediately after shock delivery

- Student directs instructor to resume compressions or
- Second student resumes compressions

(continued)

Pediatric Advanced Life Support
Child CPR and AED
Skills Testing Checklist (2 of 2)



American Heart
Association

American Academy
of Pediatrics



DEDICATED TO THE HEALTH OF ALL CHILDREN®

Student Name _____

Date of Test _____

(continued)

STOP TEST

Instructor Notes

- Place a check in the box next to each step the student completes successfully.
- If the student does not complete all steps successfully (as indicated by at least 1 blank check box), the student must receive remediation. Make a note here of which skills require remediation (refer to instructor manual for information about remediation).

Test Results	Check PASS or NR to indicate pass or needs remediation:	<input type="checkbox"/> PASS	<input type="checkbox"/> NR
---------------------	---	--------------------------------------	------------------------------------

Instructor Initials _____	Instructor Number _____	Date _____
---------------------------	-------------------------	------------