

Student Name \_\_\_\_\_ Date of Test \_\_\_\_\_

Community Scenario: "While you are pushing an infant in a stroller at the park, you notice something is wrong with them. You are alone and do not have a phone nearby. Demonstrate what you would do next."

Home/Daycare Scenario: "You've just put an infant down for a nap. As you turn to leave, you hear a strange, gasping breath coming from the infant and quickly recognize that they're not breathing normally. You are alone and do not have a phone nearby. Demonstrate what you would do next."

#### Assessment and Activation

Assesses scene safety    Verbalizes the scene is safe    Taps and shouts to check responsiveness\*

Shouts for help<sup>†</sup>    Checks breathing

\*After the student taps and shouts, the instructor says, "The infant is unresponsive."

<sup>†</sup>Once the student shouts for help, the instructor says, "No one is around to help."

#### Cycle 1 of CPR (30:2)

##### Infant Compressions

Performs compressions\*:

- Uses 2 thumb-encircling hands technique or the heel of one hand to give compressions in the center of the chest, on the lower half of the breastbone, just below the nipple line.
- 30 compressions in no less than 15 and no more than 18 seconds (\_\_\_\_\_ seconds)
- Compresses at least one third the depth of the chest, about 1½ inches (4 cm)
- Complete recoil after each compression

##### Infant Breaths

Gives 2 breaths with a barrier device:

- Each breath given over 1 second
- Visible chest rise with each breath
- Returns to compressions in less than 10 seconds

\*CPR feedback devices preferred for accuracy.

#### Cycle 2 of CPR (repeats steps in Cycle 1) Only check box if step is successfully performed

Gives 30 compressions (\_\_\_\_\_ seconds)    Gives 2 effective breaths

#### Cycle 3 of CPR (repeats steps in Cycle 1) Only check box if step is successfully performed

Gives 30 compressions (\_\_\_\_\_ seconds)    Gives 2 effective breaths

Instructor says, "You have just completed 5 sets of 30 compressions and 2 breaths."

#### Activates Emergency Response System (911)

Verbalizes the need to leave (or take infant with them) to call 911 and get an AED

(continued)

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**Infant CPR**

**Skills Testing Checklist (2 of 2)**



Student Name \_\_\_\_\_

Date of Test \_\_\_\_\_

(continued)

**STOP TEST**

**Instructor Notes**

- Place a check in the box next to each step the student completes successfully.
- If the student does not complete all steps successfully (as indicated by at least 1 blank check box), the student must receive remediation. Make a note here of which skills require remediation (refer to instructor manual for information about remediation).

<b>Test Results</b>	Check <b>PASS</b> or <b>NR</b> to indicate pass or needs remediation:	<input type="checkbox"/> <b>PASS</b>	<input checked="" type="checkbox"/> <b>NR</b>
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Instructor Initials _____	Instructor Number _____	Date _____
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- 1. Assesses the scene for safety**
  - Scans the scene for safety
- 2. Verbalizes that the scene is safe**
- 3. Checks for responsiveness by tapping and shouting**
  - Taps the infant's foot and shouts
- 4. Shouts for help**
  - The instructor may verbalize and remind the student that if they're alone and don't have a phone and the infant is unresponsive and not breathing, first give 5 sets of 30 compressions and 2 breaths before leaving to call 911 and get an AED if one is nearby.
- 5. Checks for no breathing or no normal breathing (only gasping)**
  - Scans from the head to the chest for a minimum of 5 seconds and no more than 10 seconds
- 6. Cycle 1: Performs chest compressions**
  - Initiates compressions immediately after recognition of cardiac arrest
  - Correct hand placement
    - Center of the chest, on the lower half of the breastbone, just below the nipple line
  - Compression rate of 100 to 120/min
    - Gives 30 compressions in 15 to 18 seconds
  - Compression depth of at least one third the depth of the chest, or about 1½ inches (4 cm)
    - Use of a commercial feedback device or manikin with feedback recommended
  - Complete chest recoil after each compression
    - Allows the chest to return to its normal position
- 7. Cycle 1: Provides 2 breaths with a barrier device**
  - Opens the airway adequately
    - Uses a head tilt–chin lift maneuver
  - Delivers each breath over 1 second
  - Delivers breaths that produce visible chest rise
  - Avoids excessive ventilation
  - Resumes chest compressions in less than 10 seconds
- 8. Cycle 2: Performs same steps for compressions and breaths as in Cycle 1**
- 9. Cycle 3: Performs same steps for compressions and breaths as in Cycle 1**
- 10. Verbalizes the need to leave (or take the infant with them) to call 911 and get an AED**
  - The instructor may verbalize that if someone comes to help, send them to call 911 and get an AED.