



Service Disabled Veteran Founded & Operated
501c3 Non-Profit Organization
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Training For Life, Inc.
11 Hanover Sq. 15th Fl.
New York, NY 10005

Heartsafe Nations Program

Background:

Heart disease and stroke are among the leading causes of death in the US and around the world, resulting in more than 300,000 deaths each year in America alone.

Native Americans suffer deaths from Heart disease (#1 cause) and Stroke (6th leading cause) disproportionately more than any other racial group in United States of America; 20 & 16% above average respectively. Members of the Nations also succumb to these causes of death at younger ages than the rest of the US population; 36% of those who die from these causes do so before the age of 65.

Documented high rates of diabetes, obesity, and alcohol & tobacco consumption contribute to the above mortality statistics, at worst; and, at best, can result in decreased quality of life. www.cdc.gov

Autism affects children across geographic and ethnic boundaries; however, due to varying levels of awareness and access to health resources, Native American children often remain undiagnosed; or obtain diagnosis later in life than those children not of Native decent. Individuals with Autism often have reduced capacity to engage safely in day to day activities and may experience injury (slips, trips, falls, etc.) at an increased rate over the average individual. www.asha.org

Individuals experiencing injury or death due to Heart Attacks, Cardiac Arrest, Stroke, etc. require immediate care by family, friends, and bystanders (80% of these events occur in the home) in order to have the greatest chance of survival. www.Americanheartassociation.org

Training For Life:

A nonprofit 501c3 charity and American Heart Association (AHA) Training Center, founded by a 10 year Service Disabled Veteran, after responding to the World Trade Center attacks of 9/11/2001; with a mission to:

***“Empower Individuals and Communities through Education & Training
in order to Increase the Quantity and Quality of Life”***

We have since trained more than 1 million people around the world in various Emergency Preparedness and Response curriculums (CPR/AED, First Aid, Fire Extinguishers, etc.); and placed countless Automated External Defibrillators (AED) throughout the US; and in numerous underserved nations, such as Nigeria, Grenada, Honduras, and the Dominican Republic.

We are pleased to announce our collaboration with the Lakota Well Being Project to create Public Access Defibrillation (PAD) programs on Reservations across North America, placing AEDs and developing AHA Instructors able to conduct ongoing training in CPR/AED and First Aid, with self-sufficiency, for many years to come.

Isn't There A Life You Would Like To Save?